Help us add more kindness into the world with this grab and go kindness calendar! Each day commit to an act of kindness! Feel free to flip this over and fill in and create your own as well! Don't forget to stop by the Kindness Corner at Town Square each month for a new activity.

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3	4	5	6	
	Write a gratitude list + think of everything and everyone you are grateful for.	Check into volunteer opportunities for the new year.	Share an uplifting post on social media.	Give someone a meaningful compliment.	Bring in cookies or a treat for your coworkers or office.	Stop by your favorite Green Lake business and drop off a thank you or a small surprise.	
7	8	9	10	11	12	13	
Celebrate someone you love.	Introduce yourself to someone new.	Send a handwritten card to a friend or loved one.	Shop at a local business or post a positive review about them online.	Hide handmade bookmarks at the Library, or donate a book.	Offer to babysit for a friend or neighbor.	Send a favorite recipe to a friend.	
14	15	16	17	18	19	20	
Cook a meal or bake cookies for a neighbor.	Donate coloring books and crayons to the local hospital or police department.	Surprise someone with coffee or a gift card to get coffee.	Offer to pick up groceries or run an errand for an elderly neighbor.	Call a friend or loved one that you haven't talked to in a while.	Help a neighbor shovel their sidewalks. No snow? Give them a coupon for a "shovel day."	Clean out your closet and donate any clothes you no longer need.	
21	22	23	24	25	26	27	
Do an act of kindness for yourself.	Make a donation to a cause that is important to you or a place that is close to your heart.	Send an encouraging email or text to a friend or loved one.	Leave positive messages around your house, workplace or classroom.	Drop off donuts or treats for the local police department, fire department, or county building.	Write a note to thank someone who has made a difference in your life.	Bring someone in and introduce them to Town Square.	
28	29	30	31				
Take a walk outside and connect with nature.	Smile at everyone you see.	Leave a kind note in a public place for someone to find.	Commit to doing acts of kindness for the entire year.				

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January 2024

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